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# Sussex Cyclists' Association

**Open 10 mile Time Trial Saturday 4<sup>th</sup> May  
2024**  
Course  
G10/97

*Incorporating Sussex Individual, Veterans and Team Championships*

**Event Secretary:**

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Promoted for and on behalf of **Cycling Time Trials** under it's rules and regulations

## HQ – Steyning Centre (Saxon Room)

Fletchers Croft  
Steyning  
BN44 3XZ

Open from

06:00



### **Directions and car parking**

Coming from the north: A24 / A283 Coming from the South: A27 / A283.

Turn right into Horsham Road and proceed on to Second left off Bramber roundabout. Proceed up Clays Steyning High Street. At the mini roundabout turn left Hill and continue on to Steyning High Street. At the mini (NE) and proceed along Church Street pass the library & roundabout turn right (NE) and proceed along Church church, turn right into Steyning Centre. Street pass the library & church, turn right into Steyning Center.

Ample car parking is available at the Steyning Centre

Please do not wear cleated cycling shoes in the Hall. Thank you.

## Please note the following CTT regulations and recommendations

### Race Numbers

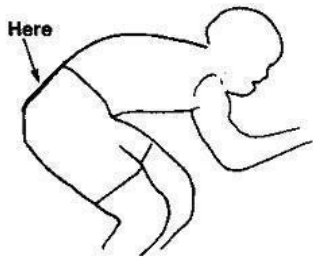
Numbers will be available at the event HQ. Please collect your number when you sign on.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet

After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



**REMEMBER TO SIGN OUT AFTER YOUR RIDE!**

### Please pay attention to the following Safety Notes

**London South District Regulation:** No vehicles, except those of the timekeepers and race officials, shall be parked in the vicinity of the start or finish areas.

**CTT regulations require that all competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to internationally accepted safety standards.**

**Competitors Machines:** must have working front and rear lights, either flashing or constant, fitted to their machine in a position clearly visible to other road users and is active while the machine is in use.

**Please be aware that there has been road works on the course, and the event may have to use an emergency course.**

In the interests of rider safety and in addition to the compulsory front and rear lights, the advisory use of suitable hard shell helmets for competitors over 18 years of age, London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line all results will be recorded on the Results sheet ap.

**Additional Safety Instructions**

Competitors must exercise extra care at the start and at all roundabouts.

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### OFFICIAL TIME KEEPERS

Start:	Su Balcombe	Brighton Excelsior
Finish:	Richard Meed	Lewes Wanderers CC

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## Prizes

1 <sup>st</sup> Male TT	£30
2 <sup>nd</sup> Male TT	£20
3 <sup>rd</sup> Male TT	£10
1 <sup>st</sup> Lady TT	£30
2 <sup>nd</sup> Lady TT	£20
1 <sup>st</sup> Male Road	£30
2 <sup>nd</sup> Male Road	£20
1 <sup>st</sup> team	£10 each

Additional prizes to be awarded to the best overall riders across both SCA events SCA 10TT Saturday 4<sup>th</sup> May and SCA 25TT Sunday 5<sup>th</sup> May. Thank you to our sponsors who have provided prizes for the event.



As a Championship event, this race includes a selection of Trophies, Cups and Medals to be awarded to Sussex CA Riders in various categories. This includes the 10 Mile Shield for the fastest overall and the Dave Henty Cup for the fastest team of three. Full details of all awards can be found on the [SCA Website](#) and will be presented at the annual Awards Presentation.

<b>COURSE DIRECTIONS – G10/97</b>	<b>MILES</b>
START on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes Farm (and Studio) and 0.52 miles west of junction with B2135	0.00
Proceed south-eastwards along A283 via Bramber Castle and Beeding Court RBTs to Adur	
Bridge RBT, Shoreham where turn (CHECK)	5.41
Take fourth exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to FINISH at yellow paint mark 25 yards west of “Public Bridleway” sign and 271 yards before left turn into Steyning	10.00

Link to Garmin Connect version of the course map [G10/97](#)

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